

**McKinney Independent School District  
School Health Services**

**Spinal Screening**

Dear Parents/Guardian,

House Bill 1076, 85th Legislature, Regular Session, 2017, allows the Department of State Health Services (DSHS) to consider the most recent, nationally-accepted, peer-reviewed recommendations when considering appropriate age for conducting mandatory spinal screening.

In compliance with Health and Safety Code, Chapter 37, all children shall undergo screening for abnormal spinal curvature in accordance with the following schedule:

**Girls will be screened two times, once at age 10 and again at age 12.(regardless of grade level)**

**Boys will be screened one time at age 13 or 14(regardless of grade level)**

Spinal screening on your student will be conducted at this campus the week of \_\_\_\_\_ . The purpose of spinal screenings is to detect the signs of abnormal curves of the spine at their earliest stages so that the need for treatment can be determined. Scoliosis, a common spinal abnormality found in adolescents, is a sideways twisting of the spine. It is usually detected in children between the ages of 10 and 14. Kyphosis, sometimes called round back, is an exaggerated rounding of the upper back and is often confused with poor posture. Many cases of curvature of the spine are mild and only